

Scale the peaks with legend Sir Chris Bonington

Adventure seekers are being offered the chance to trek up some of the world's most famous peaks with legendary mountaineer Sir Chris Bonington.

Bonington Treks, a new travel company, is offering a trip next May to Annapurna, the series of peaks in the Himalayas. It will feature Sir Chris and mark the 50th anniversary of his first ascent of the 8,000-metre high Annapurna II. On this tour, trekkers will reach a height of 5,560 meters when crossing the high pass of Namun Bhanjyang.

The company has been set up by Sir Chris's son Joe, a seasoned trek leader and a sports strength and conditioning coach who specialises in training people for altitude.

"This is a once-in-lifetime opportunity to spend 23 days with the grandfather of British mountaineering in his element," said Joe Bonington.

This trek costs £5,000 per person, which includes accommodation at the Hotel Dwarika in Kathmandu and in trekking tents whilst on the trail, all meals on the tour, internal flights and a lecture by Sir Chris.

Sir Chris will also be accompanying a trek to Bhutan in 2011. More details will follow, but Bonington Treks is currently taking expressions of interest for this adventure.

Meanwhile, for those on a smaller budget, Bonington Treks will next year offer four expeditions, to Everest Base Camp, which follow in the footsteps of Sir Chris. Each trek costs £1,995 per person.

Trekkers will hear the fascinating story of the man who led the legendary trip up the unclimbed and supposedly unconquerable south-west face of Everest in 1975. They will also visit the family home of Pertemba Sherpa, who accompanied Sir Chris on that epic trip and has reached the summit of Everest three times.

Accommodation at the beginning and end of the trek is at The Shanker Hotel, a former Raj Palace in the heart of Kathmandu. During the trek, accommodation is in teahouses and camps.

Bonington Treks is also taking three expeditions to the stunning and more remote Gokyo valley in 2010. This trek is on a slightly tougher route and requires a higher level of fitness. It also costs £1,995 per person and accommodation details are the same as those on the traditional Everest Base Camp trek.

On all Bonington Treks, participants have the chance to immerse themselves in the culture of the region.

“Our treks are unique because we can draw on our incredible family experience to put together the ultimate adventures,” said Joe Bonington.

“As well as giving people the opportunity to enjoy the culture of the countries we visit, our treks take a little longer than most because we give people more time to acclimatise so that they have a more enjoyable experience.”

More information on the treks and a booking form can be found at www.boningtontreks.com

For more information contact Joe Bonington on + 44 1768 758859 and + 44 8455 570186 or email info@boningtontreks.com

Click here to for a picture of Sir Chris and Joe Bonington (JPEG LINK HERE)

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